



Utah Soccer Alliance - METRO EXPECTATIONS

ABOUT Utah Soccer Alliance - METRO

USA METRO participates in the Utah Youth Soccer Association state-wide leagues in the Fall and Spring, and tournaments throughout the country – depending on the age and level of each individual team.

USA METRO takes pride in our professionalism, coaching education, as well as the coaching credentials of our current staff! Currently, many within the staff are nationally licensed, holding the US Soccer Federation A, B, C, & D National Licenses.

TRYOUT INFORMATION

Tryouts are one manner in which the club evaluates an individual's skills (technical, tactical, physical and mental), against a team's current needs. Roster selection will be done by staff coaches of USA METRO. Other consultants may be brought in to help at any given time, to help out during tryout evaluation periods. Tryouts are held annually and are open to all players who are eligible to play in next season's U9 - U19 age groups (2011 – 2001 birth years). Players will be evaluated by all the coaches with teams in a particular age group as well as the club Coaching Directors.

The player evaluation, offer, and acceptance process works best when everyone involved is open, honest, and ethical in their behavior. The club's coaches are expected to adhere to these standards, and we ask that parents conduct themselves the same way.

Selection:

- Players are evaluated on dimensions that may not be apparent to the bystander, including technical skill, tactical awareness, physical attributes, work rate, personal character, mentality, and needs within a particular age group or team.
- The club will place players on a team that is best suited to their performance based upon the evaluation factors above. Players may be club passed throughout the year, from one team to another based on what the age group coaches determine is best for the teams and the player.

Current Players:

- Current players are evaluated throughout the season during practices, scrimmages, and games.
- If a player **does not intend to return to the club**, he or she should inform the coach as soon as that decision has been made. From the club stand point, and to be fair, coaches will also tell players as soon as they have made a decision **not to ask a player back**.

Offer and Acceptance:

- **Once an offer is made to the player, all offers are expected to be either "accepted" or "declined" within a 24-hour period.**
- The offer is for one full "soccer year."
 - For teams ages U9 - U19 the soccer year begins June 2019 and continues through the last official game the following year in the Spring of 2020. The "soccer year" may be extended several months depending on the team's success in State, Regional and National Cup competition. We expect players to remain on their team through the end of these competitions regardless of whether they will be playing for USA METRO in the following soccer year.
- Once accepted, players will not be cut from the age group due to their performance. However:
 - Players (and their parents and guardians) may be sanctioned for disciplinary reasons as outlined elsewhere in this document, which could affect their ability to train or play in games. Please also be aware that the player is subject to separate discipline by the leagues or UYSA for violations of league, USSF, or USYSA rules.



CLUB and TEAM COMMITMENT

While the club expects each player to develop individually, a team's strength comes from combining the individual team resources under the right leadership. Developing this strength requires that coaches, players and parents work closely together through the whole year. USA METRO's strength comes from each team being strong and committed to the club. This commitment means adhering to the club's policies and procedures regarding activities and finances. USA METRO may have several important club fundraisers throughout the year, and all players and parents are expected to participate in these activities.

It is the Club's expectation that each player and parent honor their time and financial commitments to their team, their coach, and to the club.

Player Commitment:

- Make soccer your #1 priority when possible – outside of family and school – during the league season. If this is not possible or it is apparent to your coach that this is not the case, it may affect playing time.
- Make yourself a better player
 - Focus on soccer during training and games
 - Do not miss training. You can't miss practice, or practice poorly, and expect to improve
 - Listen to your coach's instructions and use it to make yourself a better player.
 - Get the proper rest before games, and always eat well to fuel your body!
 - Make a concerted effort to know the rules of the game!
 - Observe and watch as much soccer as possible – **be a Student of the Game!**
- Respect your coach's and your teammates' time
 - When you are given a time for training or warm-ups, that is when you are expected to be on the field, dressed and equipped, and ready to go.
 - Contact your coach at the earliest possible time if you will be late / absent from training, game, or other team activity.
- Be prepared
 - Training: players are expected to train in club training shirts and bring a ball and water to every training session
 - Games: you should have all necessary game items in your bag, which will stay in the technical area during games. This includes uniforms (both colors), water, and your soccer ball.

TIME AND FINANCIAL COMMITMENT OF PLAYING AT USA METRO

Each team will have a different schedule following general club guidelines agreed between the coaching staff and Director(s). Older and upper level teams may have a more intensive practice and tournament schedule than other teams. The "season" will generally begin shortly after tryouts and continue until tryouts for the following season. Most teams typically practice twice per week beginning in June and extend through the end of May of the following year. In preparation for certain games and tournaments, coaches may **add** additional practice sessions in order to prepare properly. There will be breaks built into certain periods during the year, including the summer and winter holiday times – as well as the High School soccer periods. For the younger teams (U15 and lower), the summer months - particularly July & August, are very important practice and tournament periods in preparation for the beginning of the league season in late August. Each player is expected to attend every practice/training session as directed by the coaching staff. USA METRO expects all players to participate in club sponsored training throughout the year, including technical skills sessions, goalkeeping specific training, and other field player training sessions.

Travel is an important part of competitive youth soccer. Depending on the individual team's bracket, away league games may require travel throughout Salt Lake City and surrounding areas. Many tournaments (including State/Regional/National) require travel beyond the local area, including out of state (depending on the team level).



CLUB FEES & COSTS

<p>CLUB FEES</p> <p>What's Included:</p> <ul style="list-style-type: none"> All specialized training (goalkeeping/other) run by the staff; <ul style="list-style-type: none"> All coaches' fees & team training; UYSA Insurance (field and player); Equipment and field costs (rentals & maintenance); <ul style="list-style-type: none"> Referee assignor/coordinator's fees; Club administrative costs. 	<ul style="list-style-type: none"> Under 9 & Under 10 (2011 & 2010) \$850 Player Fee Under 11 & Under 12 (2009 & 2008) \$975 Player Fee Under 13 – Under 19 (2007 – 2001) \$1300 Player Fee <p>*all player registration fees are due in full; payment plans are available with approval from the USA Player Liaisons and EBOD.</p>
<p>TOURNAMENT AND TRAVEL COSTS</p>	<ul style="list-style-type: none"> Approximately \$50-\$80 per player for tournament entry fees & coach expenses travel expenses (per diem, etc) will depend on location tournaments are determined by coach and team (Not paid until tournaments are scheduled/attended, etc.)
<p>UNIFORMS</p>	<ul style="list-style-type: none"> All players will be required to purchase uniforms directly online through SOCCER.COM. *2019 is a NEW uniform cycle (based on rolling 2-year cycles)
<p>REFEREE FEES</p>	<p>Approximately \$30 - \$40 per season / per player.</p> <ul style="list-style-type: none"> *referee fees may be different due to year-round play for all U11-U15 Premier teams
<p>INDOOR FIELD RENTAL FOR WINTER TRAINING</p>	<ul style="list-style-type: none"> \$75-150 per player approximately; determined by team and coach. (Not paid until Winter training begins).
<p>UYSA STATE & REGISTRAR FEES</p> <p>*player club fees (paid at the time of online registration via the Affinity System)</p>	<p>Approximately: \$93 per player U9–U11 per year; \$101 per player U12-U14 per year; \$81 per player U15-U19 per year</p>

CLUB FEES AND REFUNDS: Utah Soccer Alliance fees are due and payable upon registration (through UYSA's online Affinity system). Short-term payment plans will be available upon approval by the BoD of USA. No player will be allowed to participate in UYSA Fall or Spring League play until all dues are paid (or plan approved). Players who have not paid dues in full (or in part if on a payment plan) by August 1st, 2019 may potentially be dropped or removed from the UYSA player roster. Once a player has committed to USA METRO, club player fees are non-refundable.

***ALL USA METRO teams are encouraged to FUNDRAISE to offset some of these team costs.**

Utah Soccer Alliance and Utah Soccer Alliance - METRO are a 501(c) 3 non-profit organization.